

**WEIMAR INDEPENDENT SCHOOL DISTRICT  
SCHOOL HEALTH ADVISORY COMMITTEE**

**April 15, 2014**

**WEIMAR BOARD ROOM**

Attendance:

Jim Heger-Chairperson/Parent  
 Leslie Kloesel, WISD School Nurse-Representative  
 Lindsay Fisbeck-Secretary/Teacher  
 Nikki Cowart- Parent-Member  
 Cyndy Reed, Non-for-profit Organization  
 Laura Hernandez, TDHS Public Health Nurse  
 Misty Mican, Teacher  
 Heather Eilers, Non-for-profit Organization  
 Theresa Rerich, Dietary Service Representative  
 Tina Milner-Parent Member  
 Codi Guentert, Teacher, Health/PE

Not in Attendance:

Heather Janak- Vice-Chairperson/Parent  
 Stacy Heger, WJHS Principal  
 Renee Hinze, RN, Parent- Member  
 Lydia Ford-Parent-Member

Agenda Item	Discussion	Action	Outcome
<b>I.</b>	<b>OPENING/APPROVAL OF MEETING MINUTES: 12:10 P.M.</b>		
<b>A. SHAC Meeting Minutes</b>	SHAC Meeting Minutes: Meeting Minutes for April 15, 2014 were approved by the committee	None.	Closed.
<b>II.</b>	<b>OLD BUSINESS:</b>		
<b>A.</b>			
<b>III.</b>	<b>NEW BUSINESS:</b>		
<b>A. Report for President</b>	None.	Mr. Heger completed his 2 year term on the School Health Advisory Committee. Mr. Heger was thanked for his years of service on the committee.	Closed.

<b>B. SHAC/Nurse Update</b>	Leslie Kloesel, RN: Health Office Update <ul style="list-style-type: none"> <li>• School Nurse Health Report-Verbal</li> <li>• At Risk for Type II Diabetes Screen in-progress</li> </ul>	<ul style="list-style-type: none"> <li>• Leslie stated she has mainly seen students with complaints of allergies.</li> <li>• Leslie stated she has completed all required screening for the school year. The state report for Vision, Hearing and Spinal Screenings will be sent at the end of this month.</li> </ul>	On-going.
<b>C. 2013-2014 SY Goals</b>	Set goals for the current school year: <ul style="list-style-type: none"> <li>• Coordinated School Health Program-CATCH K-8<sup>th</sup> grade</li> <li>• P&amp;G Puberty Educations</li> <li>• Worth The Wait! 6<sup>th</sup>-8<sup>th</sup> grades</li> <li>• Fitness Gram 3<sup>rd</sup>-8<sup>th</sup> grades and students enrolled in PE or Athletics at High School level.</li> <li>• Speaker: Drugs for High School Students</li> </ul>	<ul style="list-style-type: none"> <li>• Weimar ISD has the CATCH Program for K-8<sup>th</sup> grade the program. Will continue with the current program.</li> <li>• The 5<sup>th</sup> grade students will continue to receive to P&amp;G Puberty Education as they have in the past. 6<sup>th</sup>-8<sup>th</sup> will be educated with the current Worth the Wait Program. Leslie forwarded all the information to Mrs. Heger via email to order the up-to-date program.</li> <li>• Fitness Gram has been completed on 3<sup>rd</sup>-12<sup>th</sup> grades as required by Federal Guidelines.</li> <li>• Trooper Erik Burse spoke with the High School Students grades 9<sup>th</sup>-12<sup>th</sup> regarding "Drug Awareness".</li> </ul> <p>All goals for the 2013-2014 SY were met, pending the purchase of the updated version of Worth the Wait!</p>	Closed.
<b>III.</b>	<b>ROUND TABLE DISCUSSION</b>		
<b>A. Cypress ECG Project</b>	The forms will be sent home with the physical forms.	None.	Closed.
<b>B. ASPIRE</b>	MD Anderson Smoking Prevention Program	Tabled at this time.	Closed.
<b>C. New Member</b>	Gwen Helmcamp will be the new member starting the 2014-2015 school year.	The committee members approved Mrs. Helmcamp as the new member replacing Mr. Heger's position. Pending Governing Board approval.	On-going.

<b>D. Next Meeting</b>	The next meeting will be scheduled for September 2014. An email will be sent out in August.	All members would like to keep the meeting on Tuesdays at the same time.	Closed.
<b>E. Concussion Evaluation</b>	The members of the SHAC requested all athletes receive the initial concussion baseline test. At this time only football players are tested.	One parent stated her child received a concussion while playing another sport other than football. Since the child did not play football there was no pre-concussion baseline testing done, which would have been beneficial. Leslie stated that she will discuss the possibility with Coach Husmann.	On-going.
VI.	<b>CLOSING: 12:45 P.M.</b>		

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Leslie Kloesel, RN, WISD School Nurse

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Date

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Jim Heger, SHAC Chairperson

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Date