

**MENTAL HEALTH CRISIS PHONE NUMBERS**  
***IF YOU ARE EXPERIENCING A CRISIS, CALL 911***

**MHMRA HELPLINE FOR PSYCHIATRIC EMERGENCY – 713/970-7000 (Harris County)**

The MHMRA HelpLine is the first point of contact with mental health consumers and their families seeking information regarding MHMRA services as well as anyone else who needs community assistance. HelpLine Phone Counselors assess for risk, screen callers for appropriate programs, provide immediate crisis intervention, and give community referrals to callers 24 hours a day, 365 days a year.

**TEXANA HELPLINE FOR PSYCHIATRIC EMERGENCY – 1-800-633-5686 (Ft. Bend County)**

If an individual is experiencing a mental health crisis, the individual may go directly to the nearest Texana Behavioral Healthcare Clinic for assistance during the hours of 8:00 AM - 5:00 PM, or if this is not possible, call the crisis hotline. The Crisis Hotline is staffed 24 hours a day, 365 days a year by a qualified mental health professional.

**MOBILE CRISIS OUTREACH TEAM (MCOT) – 713/970-7520 (Harris County)**

The Neuro Psychiatric Center - Mobile Crisis Outreach Team serves Harris County children and adults who are: in crisis; unable to access traditional, outpatient psychiatric services, at risk for hospitalization.

MCOT will provide skilled, in-field assessment and treatment for consumers having problems accessing community clinics.

**Hotline Numbers**

National Suicide Hotlines: 1-800-273-8255

Teen Crisis Hotline: 713-529-8336

Teen Suicide Hotline: 1-866-628-7494

Houston Crisis Hotline: 713-468-5463

Hispanic Crisis Hotline: 713- 526-8088

**Katy Area Hospitals**

CHRISTUS St Catherine Hospital  
701 S Fry Rd Katy, TX  
281-599-5700  
[www.christusstcatherine.org](http://www.christusstcatherine.org)

Memorial Hermann Katy Hospital  
5602 Medical Center Dr. Katy, TX  
281-392-1111  
[www.memorialhermann.org](http://www.memorialhermann.org)

**Non-Emergency Law Enforcement**

City of Katy Police Department Katy, TX 281-391-4848  
Harris County Sheriff 713-221-6000  
Harris County Constables Precinct 5 281-463-6666

Methodist West Houston  
18500 Katy Fwy, Houston, TX 77094  
832-522-1000  
[www.methodistwesthouston.org](http://www.methodistwesthouston.org)

Texas Children's West Campus  
18200 Katy Fwy, Houston, TX 77094  
832-227-1000  
[www.westcampus.texaschildrens.org](http://www.westcampus.texaschildrens.org)

**Psychiatric Hospitals**

NeuroPsychiatric Center (MHMRA)  
1502 Taub Loop  
Houston, TX 77030  
713-970-7070  
[www.mhmraharris.org/Neuro-Psychiatric-Center.asp](http://www.mhmraharris.org/Neuro-Psychiatric-Center.asp)

Cypress Creek Hospital  
17750 Cali Drive  
Houston, Texas 77090  
281-586-7600  
[www.psolutions.com/facilities/cypresscreek](http://www.psolutions.com/facilities/cypresscreek)

West Oaks Hospital  
6500 Hornwood Dr  
Houston, TX 77074  
713/995-0909  
[www.psolutions.com/facilities/westoaks](http://www.psolutions.com/facilities/westoaks)

IntraCare North Hospital  
1120 Cypress Station  
Houston, TX 77090  
281/893-7200  
[www.intracarehospital.com](http://www.intracarehospital.com)

The Menninger Clinic (admit 12 and up)  
2801 Gessner Drive  
PO Box 809045  
Houston, TX 77280  
713-275-5000  
[www.menningerclinic.com](http://www.menningerclinic.com)

Kingwood Pines Hospital  
2001 Ladbrook Drive  
Kingwood, TX 77339  
281-358-1495  
[www.kingwoodpines.com](http://www.kingwoodpines.com)

Harris County Psychiatric Center  
2800 S MacGregor Way, Houston, TX  
713-741-5000  
<http://hcpc.uth.tmc.edu>

Westbury Community Hospital  
5556 Gasmer, Houston, TX 77035  
713-422-2625  
[www.westburyhospital.com](http://www.westburyhospital.com)