

Weimar Independent School District On-field Recognition and Management of Concussion

Concussion Signs and Symptoms	
Concussion Observed by Coach/Medical Staff	Symptoms Reported by Athlete
Appears dazed or stunned	Headache or “pressure” in head
Is confused about assignment or position	Nausea or vomiting
Forgets an instruction	Balance problems or dizziness
Is unsure of game, score or opponent	Double or fuzzy vision
Moves clumsily	Sensitivity to light
Answers questions slowly	Sensitivity to noise
Loses consciousness (even briefly)	Feeling sluggish, hazy, foggy or groggy
Shows mood, behavior or personality changes	Concentration or memory problems
Can’t recall events prior to hit or fall (retrograde amnesia)	Confusion
Can’t recall events after hit or fall (anterograde amnesia)	Does not “feel right” or is “feeling down”

Signs of Deteriorating Neurological Function
*An athlete should be taken to the emergency department if any of the following signs and / or symptoms are present:
Headaches that worsen
Focal neurologic signs – weakness, numbness, decreased coordination
Looks very drowsy, difficulty awakening or responding
Repeated vomiting
Slurred speech
Seizures
Can’t recognize people or places
Increasing confusion or irritability
Unusual behavior changes
Blurred or double vision
Difference in shape, dilation or unreactive pupils
Neck pain
Any loss of consciousness greater than 30 seconds
Any loss of consciousness should be taken seriously and carefully monitored.

This informational tool is part of the “Heads Up: Brain Injury in Your Practice” developed by the Centers for Disease Control and Prevention (CDC). For more information, visit: www.cdc.gov/concussion.